


































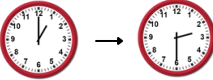



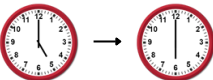



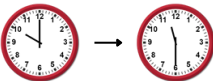











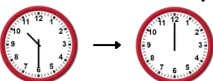



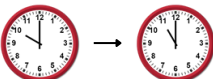



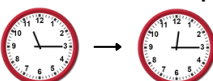



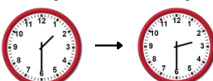


Birmingham Adults Community Timetable: 18th - 29th December 2023

	Activity	Where	When	Cost
Monday 18th December	Tennis 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9:30am - 10:30pm  → 	£7.50 
Monday 18th December	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50 
Monday 18th December	Community Meet Up Stretch and Flow Mobility YOGA with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11:00am - 12:15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible 
Monday 18th December	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	Free. Booking is Essential. 
Monday 18th December	Dynamo Young Adults Social Gathering 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:00pm - 8:30pm  → 	£7.50 
Tuesday 19th December	*New* TUES' Your Sport Multisport Sessions 	Wyndley Leisure Centre, Clifton Rd, Birmingham, SuttonColdfield, B73 6EB	10:00am - 10:45am  → 	£5 
Tuesday 19th December	*New* TUES' Your Sport Multisport Sessions 	Wyndley Leisure Centre, Clifton Rd, Birmingham, SuttonColdfield, B73 6EB	11:00am - 11:45am  → 	£5 
Tuesday 19th December	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50 

To Book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

Birmingham Adults Community Timetable: 18th - 29th December 2023

	Activity	Where	When	Cost
Tuesday 19th December	Arts & Crafts Christmas Centre Piece - Making 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Tuesday 19th December	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 
Wednesday 20th December	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30pm  → 	£8 
Wednesday 20th December	Bake Off - Christmas Iced Gingerbread Biscuits (Maximum 10 people) 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£10 - Booking Essential 
Wednesday 20th December	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50 
Thursday 21st December	Indoor Football 	Clifton Road Outdoor Education Centre, Clifton Rd, Sutton Coldfield, B73 6EB	10:30am - 12:00pm  → 	£7.50 Booking Essential 
Thursday 21st December	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50 
Thursday 21st December	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50 
Thursday 21st December	Christmas Indoor Games 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50 

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Birmingham Adults Community Timetable: 18th - 29th December 2023

	Activity	Where	When	Cost
Friday 22nd December	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am 	£7.50 
Friday 22nd December	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm 	£7.50 
Friday 22nd December	*NEW*Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm 	£7.50- Bring a blanket 

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Birmingham Adults Community Timetable: 18th - 29th December 2023

	Activity	Where	When	Cost
Monday 25th December	 No Sessions - Christmas Day! 			
Tuesday 26th December	 No Sessions - Boxing Day! 			
Wednesday 27th December	Bake Off - Make your own PIZZA (Maximum 10 people) 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50 - Booking Essential 
Wednesday 27th December	Karaoke with Tish & Shiraz 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Thursday 28th December	Movie Night Popcorn and Hot Chocolate 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	4:30pm - 9:00pm  → 	£7.50 
Friday 29th December	Games Day 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 3:00pm  → 	£7.50 - For session. Burger and fries will be available for an extra £5 

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Activity	What is it?
FOOTBALL	Join us for a group football session at Moseley School Fitness Centre.
CREATIVE MINDS	Join Henry Liggins group creative story writing session using music as a way to inspire the story.
DYNAMO SOCIAL CLUB	An evening social group for 18-35yr olds. Meet new friends and play table tennis, games, quizzes, baking, art and more.
DIGITAL CONTENT CREATING	Discover your voice, creative talents and learn how to make amazing online content for the digital world!
TENNIS AND BADMINTON	Learn and play tennis and badminton as a group at the Weoley Castle Community Centre.
SWIMMING	Join our social swimming session! Meet new friends, enjoy swimming, water games, and more!
ARTS AND CRAFTS	Join us for a group arts and craft session at the Weoley Castle Community Centre.
SING ALONG WITH ROB	Join Rob's group music circle and sing along to his guitar playing. Warm up your voice with singing exercises and join in with our percussion instruments.
DRAMA WITH ROB	Join Rob's group drama games session at the Weoley Castle Community Centre.
COMMUNITY MEET UP	Join us out in the community as we visit different community spaces accross Birmingham and the West Midlands.
MULTI-SPORTS	A multi-sports session is when you try different sports and activities all in one session.
JOURNEY THROUGH MUSIC	A interactive group creative music session with Henry Liggins.
MOVEMENT AND RELAXATION	Exercise, calm down, take deep breaths, and relax with Jacky.
MOVIE NIGHT	An evening dedicated to watching films, typically with friends or family, often accompanied by snacks.
KARAOKE	Singing along to pre-recorded music, usually in a social setting, where participants take turns performing songs.

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