**Pre- topic assessment**

**Unit 8 Introduction to Health and Safety at Work**

**Learner name:**

**Date:**

**Complete the questions a fully as possible with all the information you are aware of. Then self-assess using the traffic light system;**

**Green – I know all there is to know about this**

**Amber- I have some knowledge of this**

**Red- I do not understand**

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| **What can you do to keep yourself safe at work?****RED AMBER GREEN** |
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| **Who could you go to for help and support with health and safety?****RED AMBER GREEN** |
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| **Why is it important to keep yourself health for work?****RED AMBER GREEN** |
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| **What common workplace hazards could occur in the workplace?****RED AMBER GREEN** |
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| **What emergencies could happen in the workplace?****RED AMBER GREEN** |
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