Unit 8 Introduction to Health and Safety at Work

LO 1 Know about health and safety for the workplace

* 1. Identify own responsibilities for keeping self and others safe in the workplace

To keep yourself and others safe at work you must;

* Follow instructions
* Know who to go to report health and safety problems
* Know the types of problems you can deal with
* Not to interfere or misuse any work items to keep you or others safe at work
* Use any equipment at work as you have been trained to and follow manufacturer’s instructions
* You must remain alert to hazards in the workplace and report any issues that you cannot deal with
* Always behave in a safe way to minimise the risk of accidents or incidents
  1. Identify who to go to in the workplace for health and safety help and support

High light where to go to for help and support with health and safety issues to work

Manager Police Officer Supervisor

Human Resources Fire Fighter Soldier

Health and Safety Advisor Teaching Assistant

Job Coach Work Placement Coordinator

Swimmer Union Representative